



Gym Rules

Bend Hoops strives to create a safe and positive environment for athletes, parents and guests. All athletes and their guests are expected to abide by these Rules. Any violation of the Rules may subject members to suspension or forfeiture of member privileges.

A. Gym members

- All athletes must have current membership and check in before entering court/weight room
- All members under age 10 must be accompanied by parent/guardian at all times while at the facility.

B. Parents, guests and visitors

- Parents, guests and visitors must use the main door when entering and exiting the gym. Entering or exiting through the large roll up doors is not permitted.
- Parents, guests and visitors are not permitted to use the courts or sports equipment at any time. Spectating should be done from the sidelines. **Congregating on the courts is not permitted.**

C. Membership dues and fees

- Members are obligated to pay fees to Bend Hoops as per agreement on chosen membership. Bend Hoops will accept cash, check, credit card or ACH payment. All dues or associated fees will be paid in advance of the use of facility.

D. Gym equipment

- Gym personnel are not, without arrangements, authorized to provide instruction on use of the equipment. The gym is not responsible for any coaches or fitness instructors; members using such equipment do so at their own risk. Athletes should be aware of their personal fitness limits.

E. Courts and weight room conduct

- Athletes shall not engage in horse play on courts or in weight room area. Half court and full court shots are not allowed.
- Athletes under the age of 13 are prohibited from using the weight room without supervision by Bend Hoops staff. Spotting partners are required at all times when athletes are lifting weights.

F. Food and Beverage

- No beverages/food permitted on courts. Beverages consumed during workout must be kept off courts and be in a container with a lid.

G. Alcoholic beverages

- No alcoholic beverages shall be permitted on premises.

H. Member's property

- The sports facility is not an insurer of the property of members and guests. Any private property, which has been left on premises, may be disposed of without notice. Bend Hoops is not responsible for personal items that are damaged or stolen.

I. Dress

- Athletes should wear appropriate attire and shoes. **Only designated indoor shoes will be allowed on the courts.**

J. Smoking

- No smoking permitted on premises.

K. Locker rooms and shower rooms

- While using the sports facility, athletes may use locker based on availability. All property must be removed from lockers immediately following practice. Lockers shall not be used to store any property. Changing into exercise attire must be done in the locker/shower room. Lockers are not for private use and Bend Hoops reserves the right to inspect all lockers, as well as remove lock left on any locker.